Reflecting on Goals from 2020-2021

Goal Area 1: Increasing knowledge about ASD & EBPs in our community	GAS Score (1-4)	What influenced/supported our <i>accomplishments</i> ?	What were <i>barriers</i> to our work?
Disseminate EBP infographic specific to general education teachers. One webinar from 5 out of 7 SELPAs for an EBP series targeting general educators.	Score 2 FUSD: videos Visual Support DMSELPA: MVSELPA: RUSDSELPA:	 Accountability of deadline Task assigned to a specific committee Members willing to step up when other members experienced barriers 	 TIME & ENERGY Competing priorities Public accessibility via YouTube increasing accuracy expectations Citations Cadre participation (from the larger group)

Reflecting on Goals 2020-2021

Goal Area 2: Increasing implementation and fidelity of use of identified EBPs by providers and implementers	GAS Score (1-4)	What influenced our accomplishments?	What were <i>barriers</i> to our work?
Currently 3 new cadre members are paired with veteran cadre members to support their understanding and development of skills related to coaching and implementation of EBPs	 Score: 4 1 participant no longer belongs to CAPTAIN X 4 originally involved and connected with mentors 	 New members seeking out mentorship & being paired Zoom made it easier to provide mentorship 	 Working across agencies with different schedules

Reflecting on Goals 2020-2021

Goal Area 3: Improve and increase collaboration between the various agencies serving and supporting individuals with ASD	GAS Score (1-4)	What influenced our accomplishments?	What were <i>barriers</i> to our work?
Information about the CAPTAIN X YouTube channel will be shared with 3 different groups (ie. parents, community partners, educators) increasing access to webinars and other resources created by CAPTAIN X cadre members.	Score 3	 Shared within CSUSB course Shared with educators Shared with colleagues Gen Ed webseries being added YouTube channel was created 	 Didn't feel there was enough information on the YouTube channel to share as a resource Not having a clear plan for who to share with once content is added such as notifying the social media subcommittee

REGIONAL Problem of Practice: What issues, challenge or need exists for individual with Autism that our Regional Network wants to try to address?

<i>Current Regional Issue, Challenge or Problems of Practice</i>	Caregivers and providers are feeling disconnected and overwhelmed due to issues related to the current culture and climate in the community and schools.
Probable Root Cause of the Problem (identify the top probable root cause)	The disconnect and overwhelm is happening due to trauma, stress, filling various gaps, etc.
Change Ideas (list 1 change idea for the probable root cause)	Provide microlearning opportunities (Real Talk); have a place for parents/community members/educators to feel supported ie. Self care activities, empathy statements, grounding, burnout hexagon, case studies linked to the EBPs
Action plan to support change idea (may need additional space to action plan)	Organize a Real Talk series (one for families and community members, one for educators) that's regionally accessible with participation from cadre members from across the region and participants from across the region.
Expected Outcome if change idea is an improvement	 Less feelings of being burnt out Feeling more connected within region/community More confidence/feeling more supported Increase in participation Expanded tools to utilize / feeling increased access and knowledge of resources available Crisis intervention tip - Information supports alleviating the stress

Goal Area 1 (Collaboration): How can Cadre Collaborate to address the region's specific need, issue or challenge that relates to individual with ASD and their families

	Currently, Real Talk is being offered by DM SELPA (Mondays for educators; Fridays for families - participants are mainly from the DM area and sessions are being facilitated by DM cadre)
Initial Objective (1)	DM Cadre will share Real Talk flyers and session topics with CAPTAIN X. CAPTAIN X cadre will disseminate flyers to help promote increased participation from across the region in Real Talk offerings.
Secondary Objective (2)	One CAPTAIN X cadre member (RCOE) in addition to DM cadre will participate in Real Talk session(s). One member for the Monday Real Talk (educators) or for the Friday Real Talk (parents). Additionally numbers of participants will increase to include at least 2 participants from across the region.
Expected level of Outcome (3)	Two CAPTAIN X cadre members in addition to DM cadre will participate in Real Talk session(s). One member for the Monday Real Talk (educators) and 1 member for the Friday Real Talk (parents). Additionally numbers of participants will increase to include at least 3 participants from across the region.
Exceeds Expected Outcome (4)	Three or more CAPTAIN X cadre members in addition to DM cadre will participate in Real Talk session(s). Two member for the Monday Real Talk (educators) and at least 1 member for the Friday Real Talk (parents). Additionally numbers of participants will increase to include at least 4 or more participants from across the region.

Goal Area 2 (Dissemination): How can members of our Regional Network strategically disseminate to groups identified by the region as needing to know about ASD and EBPs/CAPTAIN

	Real Talk flyer has been developed and distributed to educators and families in the Desert Mountain SELPA area. Currently 3 parents/caregivers participate inconsistently and 3-6 educators attend inconsistently. Currently there are 0 participants from postsecondary. Currently educators feel supported by the group but not confident in being able to go back and use shared resources and information.
Initial Objective (1)	Real Talk flyers will be shared with all CAPTAIN X cadre. Flyers will be distributed across the region to the following targeted groups: postsecondary, parents/caregivers, & educators.
Secondary Objective (2)	Increase in participation in Real Talk session from the members of the targeted group (increase by 2 additional participants) as well as increased satisfaction in feeling supported/confident (50% of participants feel supported/confident). Participation will be measured by attendance. Participant satisfaction will be measured by poll questions during session (connection, confidence, supported etc.)
Expected level of Outcome (3)	Increase in participation in Real Talk session from the members of the targeted group (increase by 4 additional participants) as well as increased satisfaction in feeling supported (75% of participants feel supported/confident). Participation will be measured by attendance. Participant satisfaction will be measured by poll questions during session (connection, confidence, supported etc.)
Exceeds Expected Outcome (4)	Increase in participation in Real Talk session from the members of the targeted group (increase by 6 additional participants) as well as increased satisfaction in feeling supported (100% of participants feel supported/confident). Participation will be measured by attendance. Participant